



**Student Health Advisory Council  
Minutes – 12/12/2023  
8:30 am - Central Office - Board Room**

1. Welcome & Introductions:  
Present at Meeting: Wes Rhoten, Brandy Phillips, Tammy Orman, Tiffanee Caves, Jennifer Whittington, Pam Corder
2. Review October SHAC Meeting Minutes (Reviewed and discussed minutes from October)
3. Updates/Revisits from previous (October) meeting
  - A. Fitness gram progress—Presentation of the Greenlight FitnessGram Report for SRISD 556 students tested in 4<sup>th</sup>-12<sup>th</sup>, 51 3<sup>rd</sup> grade students..District completion was December 6<sup>th</sup>, 2023. Tested areas included: 20 min pacer/mile run, height, weight, curl up, trunk lift, push up, shoulder right/left. 74% of tested fall in healthy heart zone, 58% of tested fall in body health fitness zone, and 94% of tested fall in muscle fitness zone. Continued fitness/movement activities at SRES and SRMS with PE/Athletics/Recess times
  - B. NTBHA Fentanyl Awareness/outreach/class—Pam Corder from NTBHA and Kaufman County /TVCC partnership presented resources connection/community group (4 hour session). How to look for fentanyl in our schools, monthly meetings, vape/e-cigarette awareness/training. Comparison to AA meeting with training nurses/SRO/Counselors/Admin/Staff on how to recognize fentanyl use. Suggestion for more training/assembly on Vapes, fentanyl, opioids. Discussion of Still water, pregnancy group. Clothing Closet, good thing to possibly help our students/families in need. App (LinkKaufman) discussed with awareness and identifying areas of need. Mrs. Orman to be the liaison for Mrs. Corder with possible meeting/trainings/assemblies on these items. Parent desired more assemblies/meetings on the vapes and the problem in society with the use of vapes by students. Campus principals/counselors/nurses to be shared information from Mrs. Orman as it becomes available from Mrs. Corder of possible offerings to learn more.
  - C. Angel Tree/Holiday needs
4. Child Nutrition update—Brandy Phillips—Mrs. Phillips discussed all is (and has been) really good with lunch and breakfasts. District taking care of nutritional needs for students.

5. SRISD Health Screenings/Updates-Tammy Orman, nothing new to report. Vision, Hearing, Spinal screenings all have gone well.
6. Health Promotion Projects: Rhoten revisited Fitness gram report, and needs to stay aware of body health (BMI), and continuing the movements/offers at PE, athletics, band, cheer, recess.
7. School Safety (HS Gate/code) Drills/Audit—Rhoten discussed safety committee takes care of this item, and all has gone well with the new gated entry at the HS.
8. TBA Discussion Items...none
9. Questions/Discussions--none
10. Next Meeting Date: February 13<sup>th</sup>. Called for Agenda Items for the next meeting. Nothing brought forward at this time. Rhoten to generate itinerary and send a week prior to the February 13<sup>th</sup> meeting.

Adjourned at 9:17am

Projected Future Meetings:

February 13th  
April 2nd